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Sat 29th March 7.30pm

Meet us at SuperValu Car Park for a candlelit parade to the mill. Bring a lamp and join us on our walk to the mill where we'll celebrate with Stories, Poetry and Music.



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**WED 26th MAR** 

9.30pm

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Rock/Contemporary Covers

3 Piece Touring Band from the UK Contemporary Rock Originals & Covers

THUR 27th MAR 9.30pm

FRI 28th MAR 10.30pm

SAT 29th MAR 10.00pm

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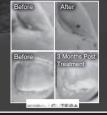


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No. 26 Haven Bay Apt, Ballinacubby, Kinsale







Support Group for carers of people with memory loss and dementia

Wednesday 26th March: 7.30-9.00pm

#### At The K-CoRD Center

Apt. 24, Haven Bay Village, Kinsale

A local nurse will attend to share her experiences of living, working and being trained in dementia care.

For more information contact Liz at 4709700











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12.30pm - 3.00pm weekly

4 Course Menu from €24.50 per person Pre-booking is advisable

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NOTE: Lunch and Dinner reservations now being taken for Mother's Day







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Classes in Actons Hotel gym
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Cost of the 8 week course is only €59

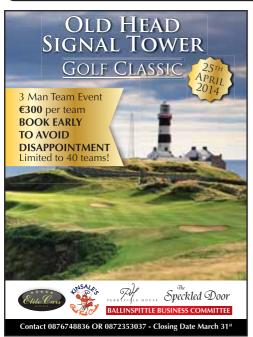
To book your space in the class call David on 086 021 1902





For any questions on Classes, Membership or Personal Training please call Actons Health & Fitness on 021 477 2345

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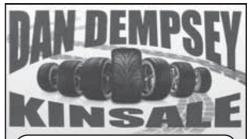
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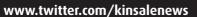
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Freezer (Under-counter, Electrolux), Fair condition, works well. €50
Small Safe: €25 Riding Boots: Size 5, good condition. €20
Superser Gas Heater: with gas cylinder. €50

Phone: 087 238 0529

### HARBOUR CRUISE

Departure Beyond Actons Hotel on board 'Spirit of Kinsale'



Complimentary Tea/Coffee Served Cruises are subject to weather and tide.

T:086 250 5456

# WHAT'S ON IN KINSALE FRI 21st MARCH - FRI 28th MARCH 2014

#### FRI 21st MAR

BACCHUS NIGHTCLUB:

DJ Sean, 11.30pm. **BLUE HAVEN**:

Crazy Chester, 10pm.

COFFEE MORNING: In aid of IMNDA.

Temperance Hall, 9.30am - 12.30pm.

FOLKHOUSE:

Dirty Waters, 10.30pm.

GALA FASHION SHOW:
Ballinspittle Community

Centre, 8.30pm. **HAMLETS:** DJ Rayz.

HUNTSMAN:

Traditional music.

Leon Buckley, 10.30pm.

WEST CORK FLAG DAY COLLECTIONS:

In aid of Cork ARC Cancer Support House.

#### SAT 22nd MAR

ARMADA BAR:

Karaoke Night.

BACCHUS NIGHTCLUB:

DJ Mark, 11.30pm.

**BLUE HAVEN:** 

Aristocrats, 10pm.

BULMAN:

The Jooks, 10pm.

FOLKHOUSE:

The Magnetics, 10pm.

HAMLETS:

Live D.J.

HARBOUR CRUISE:

Departs beyond Actons Hotel, 2pm.

SILENT BANJO:

King K, 10.30pm. WHITE HOUSE:

Break The Mould, 10.30pm.

#### SUN 23rd MAR

ACTONS HOTEL:

Billy Crosbie & Deirdre McCallum in Sidney's Bar, 4pm - 6pm.

BLUE HAVEN:

Darren & Friends, 9pm. FOLKHOUSE:

King K, 9pm.

HARBOUR CRUISE:

Departs beyond Actons Hotel, 2pm.

#### MON 24th MAR

**BLUE HAVEN:** 

Arundo, 9.00pm. **DALTONS BAR:**Traditional Irish Music.

#### TUES 25th MAR

BLUE HAVEN:

Sonnie & Friends, 9.00pm.
PARENT AND BABY/
TODDLER CUPPA & CHAT:

Temperance Hall, 10am - 12 noon.

#### WED 26th MAR

BLUE HAVEN:

Niall McCabe, 9.00pm. **FOLKHOUSE**:

Bitter Hands, 9.30pm. **K-CORD CENTRE:** 

Support group for carers of people with memory loss and dementia.

7.30pm - 9pm. **KOEMBA PARENTING** 

COURSE:

At Kinsale Methodist Church, 8pm - 10pm. 6 week course starting tonight.

#### THUR 27th MAR

BLUE HAVEN:

Arundo, 9.00pm.

ELI LILLY, DUNDERROW:

Plant siren test, 11.30pm.

FOLKHOUSE:

Mike & Rory, 9.30pm.

KINSALE PEACE PROJECT: Eva Bartlett at The Friary

Centre, 8pm.

WHITE HOUSE:

Shane & Friends, 9pm.

# Daffodil Day FRI 28th MAR

BACCHUS NIGHTCLUB:

DJ Mark, 11.30pm.

BLUE HAVEN:

Crazy Chester, 10pm.

DAFFODIL DAY: Coffee Morning at

Temperance Hall, 10am - 12.30pm.

FOLKHOUSE:

Afterhours, 10.30pm. **HAMLETS:** DJ Ravz.

KINSALE GOLF CLUB

FUN QUIZ: At Clubhouse, Farrangalway, 7.30pm.



DAFFODIL DAY FRIDAY 28TH MARCH



# COFFEE MORNING at Temperance Hall

**10am - 12.30pm Tel: 087 632 9417** Donations of baking welcome on the morning.

# FUN QUIZ

Friday 28th March 7.30pm Venue: Clubhouse, Farrangalway Team of 4 €20 per team

Prizes, plus Raffle on the night

Bring your friends, proceeds to the club.

# Maths Grinds

023 8849523 KILBRITTAIN AREA

18 years experience. 2nd and 3rd level, includes Project Maths.

# Jim Daly TD Advice Clinic Weekly Clinics at both

Bandon & Clonakilty Offices. First Friday Clinics at the Trident Hotel, Kinsale at 12.30pm.

Clonakilty Office 023 8858770 Bandon Office 023 8843868

★ Please contact the office as times may vary.



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#### Giant Teacup and Sourcer Planters

erfect if gordening is her cup of teal Assorted colours only €9.99 each or €19.99 filled with flowers!





#### Celtio Coudle Collection

Bring a warm glow to mum's face with Diffusers, Jars & Aromapots from only €5.99



#### Cause Pinti

Great Selection from only €6



She lights up your life, now light up hers. only €20



20% off all these products and many more

including lighting occasional furniture &



For when feathered friends come to visit! only €17.49



#### The Rose Collection

For the mum who likes to garden in style!

Trowel - €5.49

Pruner - €7:49 Apron - €9.95

Umbrella - €10.99



Check out our Facebook page for details on how you can win a Mother's Day Hamper from Bandon Co-Opl

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